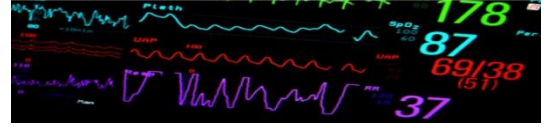




Dr. K



28 years of creating Toastmaster FUN & "lots" of years of LIFE FUN..

YOUR check up:

1. When was the last time you laughed during a Toastmasters meeting?
2. What was your theme when you were a club meeting Toastmaster / Table Topics Master?
3. How do you work with your fellow club members? Hero, Warrior, Leader, Team Member, Gentle Giant, Advocate
4. Have you said - Stop laughing? Stop smiling? This is serious? By the book? Policy / Procedure?
 - 4a) Was the above situation a "LIFE" or "DEATH" situation for you or the member?
5. Do you color outside the lines? How often do you venture outside your comfort zone?
6. Are you enrolled in Pathways?
 - 6a) If you are eligible for a 2nd path, call Supply Orders ((720)439-5050) and request your 2nd path (free) to be added to your profile?

LIFE PLAN: Describe your FUTURE self? CHOICES - they are yours to make.

Rx



VISIT OUR WEBSITE



courage doesn't mean you don't get afraid. courage means you don't let fear stop you.

"Creativity takes Courage."





Increase your Endorphins / dopamine release.



Sign Up for the Toastmaster role



and within 48 hours, add your theme.



You have to color outside the lines once in a while if you want to make your life a masterpiece.

Albert Einstein



Creative Table Topics.....

Radio Stations, Create a novel, Grab Bag, Different Hats, Caption this Pic, Song Titles – why y wrote this song, List of 365 questions & speakers answer the question of their birthday, and Debates – Pro / Con, Dear Abby/???, and Sell this item..

LAUGHTER THERAPY



Vitamin A for Amusing. Vitamin B for Bodacious. Vitamin C for Creativity. Vitamin D for Dazzling, Vitamin E for Energy. A MultiVitamin for the Rest.



Have FUN with your speeches... Be creative with your helper roles... Evaluate to Motivate...

..... CHOICES CHOICES CHOICES

Skip a meeting <-> Skip a Workout <-> Skip a class <-> Discipline / Regrets <-> Achieve / Miss Out



Understand club stages -



Excitement, New, FUN, Creative, Members in/out, Adjusting, Comfort, Survival, REPEAT.



OR



OR



Sometimes Clubs / Members are by our side for a reason, a season, or a lifetime...

